

CONTENT REPORT OF THE BOARD OF THE LEVEL UP ASSOCIATION ON THE ACTIVITIES OF THE ASSOCIATION FOR THE PERIOD FROM 1 JANUARY 2020 – 31 DECEMBER 2020

1. Name: LEVEL UP Association

2. Address: Radomska 7 bud. 2, 93-130 Łódź

3. Entry in KRS (National Court Register): 2 October 2019 in Łódź

KRS: 0000806921 NIP: 9820382471

4. Management:

- Dominika Urszula Sekyra – Member of the Board
- Monika Joanna Bocian – President of the Board

5. Members of the Association

- Kamila Magdalena Walczak
- Marika Agnieszka Kaczmarczyk
- Aleksandra Anna Małecka
- Anna Maria Szyszkowska
- Katarzyna Podogrocka

6. Description of the activities carried out in 2020.

TEAM	Number of Members: 7	In 2020, we started cooperation with 23 people as part of e-volunteering and accepted 3 students for apprenticeship. The team comprised 90% women and 10% men
	Number of Volunteers: 23	
	Number of Apprentices: 3	We have established cooperation with over 60 partner organizations at local, national and international level. This contributed to opening new paths for the development of the organization and new projects for 2021 incl. OUT with BurnOUT, Reinventing Sporting Traditions, Climate Experimentarium.
LOCAL AND INTERNATIONAL PARTNERSHIPS	60 partner organizations	From 30 June 2020 as a part of the e-volunteering program 23 e-volunteers and 3 students under an apprenticeships agreement started working with us. All new team members
ENDED ACTIVITIES AND NUMBER OF RECIPIENTS	E-volunteering: 26 people	

continue to work with us in 2021. Program beneficiaries are: 1 person under 20 years of age, 20 people aged 20-30, 3 people aged 31-40 and 2 people aged 41-50.

Świat lokalnych kultur
(The World of Local Cultures):
62 beneficiaries

As a part of the “Świat lokalnych kultur” implemented from August 2020 to October 2020 2 virtual, multicultural games addressed to young people from Łowicz and Łódź have been completed. A total of 62 people aged (15 – 18 years) took part in the games.

**ENDED ACTIVITIES
AND NUMBER OF
RECIPIENTS
CONTINUED**

E-kompetentni wolontariusze
(E-competent volunteers): 20
beneficiaries

As a part of the project "E-kompetentni wolontariusze " 2 workshops were carried out
1) creating and administration of the websites
2) creating campaigns as a part of Google Ads. Grants.
20 people aged 19-24 took part in the project.

Szlachetna Paczka (Noble Gift):
1 person

As every year, volunteers and members of the Association chose and prepared a Christmas package for the family as part of the nationwide Szlachetna Paczka campaign. The beneficiary of the campaign was a lonely, elderly woman who received food stamps, winter clothing, home equipment and cleaning products.

W drodze do siebie
(On the way to oneself):
5 people

The project “W drodze do siebie” was adopted as part of the cooperation with the career counselor and coach, realized without financial support. The project was aimed at women who have abandoned work as a result of work-life imbalance. Beneficiaries of the group coaching and individual

ENDED ACTIVITIES

**AND NUMBER OF
RECIPIENTS
CONTINUED**

counseling were 5 women (2 aged 20-30 years, 3 aged 31-40 years).

In October 2020 we started the project "Girls Let's play!" in cooperation with the "No to Patrz" Foundation from Łódź with activities aimed at women and girls from 13 to 30 years of age.

Girls Let's play!:
20 people

Due to the inability to carry out study tours under the "Study Tours to Poland" project the association organized substitute tasks incl. Preparation of a video promoting the organization and the city of Łódź which was presented during the online meeting regarding future study tours in 2021. The organization also prepared materials for a virtual game which was then carried out by organizations coordinating the program, aimed at youth which could not participate in the 2020 project.

Promotional materials for Study
Tours to Poland

Our team took up the challenge of supporting the organization of this year's edition of the festival, managed by Inna Przestrzeń Foundation. We decided to make our contribution by engaging 4 members of our team in online promotional and marketing activities. The festival took place on August 27-30, 2020 in Tserkavi village in Georgia.

**ENDED ACTIVITIES
AND NUMBER OF
RECIPIENTS
CONTINUED**

Activities Summary

One Caucasus
2020

11 activities completed

2 virtual, educational games about multiculturalism
1 series of workshops for women to support them on labour market

1 cycle of individual counseling for women
 2 workshops on assertiveness in sports
 1 charity event
 1 promotional video
 1 voluntary activity for international, cultural festival
 2 workshops on strengthening digital competences of volunteers as a part of the Meet and Code 2020 project.

ACTIVITIES AND PROJECTS STARTED IN 2020 WHICH WILL BE CONTINUED IN 2021.

Stowarzyszenie Wędrującej Książki
 (Wondering Books Association)

In April 2020 we started the books exchange initiative. The premise is to connect people who will exchange books / comics with the opportunity to create a local community with shared interests.

Jedna Ziemia, Jedno Życie (One Earth One Life) and Color of the Smile

In September 2020 we acquired and started the project Jedna Ziemia, Jedno Życie and the project Color of the smile which started on December 2020, both conducted under the founding of the Europejski Korpus Solidarności (European Solidarity Corps). Due to the epidemiological situation we conducted mainly informative, promotional and preparatory activities for both projects. These projects are youth initiatives aimed to support the local community. Stationary activities postponed for 2021.

Odważni i Bezpieczni (Brave and Safe)

We also started a project to strengthen public, digital and health safety of children and elderly from Łowiecki region. Due to the epidemiological situation in the country and lack of possibilities of online implementation the activities have been postponed for 2021.

In December 2020 we started the international training project to

OUT with BurnOUT!

counteract professional burnout in the third sector. In cooperation with organizations from Romania, Moldova and Sweden in 2021 international activities in this area will be conducted. Due to epidemiological restrictions, stationary actions have been suspended at the moment.

COMMUNICATION CHANNELS

Facebook

Youtube

Linkedin

Instagram

Websites

In 2020, we started promotional and disseminating activities through listed social media channels. The website was also expanded in cooperation with Webdone Foundation and UX designer.

THE REPORT HAS BEEN APPROVED BY THE BOARD OF LEVEL UP ASSOCIATION ON 7 MARCH 2021 IN ŁÓDŹ.

MONIKA BOCIAN – PRESIDENT OF THE ASSOCIATION

DOMINIKA SEKYRA – MEMBER OF THE BOARD